Stephanie Ross, M.A., R-DMT

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734-624-0651
New York, NY 10025

Education

Drexel University: M.A. Creative Arts Therapy – Dance/Movement Therapy, overall GPA 3.61
Eastern Michigan University, Magna Cum Laude: B.S. Psychology and Dance, overall GPA 3.73

Balanced Pilates Comprehensive Certification – Reformer, Tower, Chair, Ladder Barrel, Pre/Post Natal
Balanced Body Pilates Mat Certification
Infant Developmental Movement & Yoga for Babies

Work Experience

Pilates Instructor – New York, NY (June 2015-presnet)
Core Focus Physical Therapy (Substitute Instructor)
Moving Strength (Staff, equipment classes)
On-Site Fitness (Staff, mat classes)
Steps On Broadway (Substitute Instructor, mat classes)

Broadway Donation Dance Classes – New York, NY (May 2016-present)
Director of Operations
Oversee general functioning of Broadway Donation
Manage Marketing and Social Media teams
Communicate with teachers and prospective teachers

Steps On Broadway –New York, NY (Aug 2010-March 2018)
Operations Manager (Jan 2015-Mar 2018)
Open the building; Reconcile cash and credit card sales from previous day
Respond to emails re: rental inquiries, general studio questions, internal matters
Assist in managing the front desk and Work/Study students; Interact closely with faculty & staff
Previous: Operations Supervisor (6/14-1/15); Work/Study Assistant Manager (8/10-6/14)

Babysitter - New York, NY (Dec 2010-present)
Provide care for children 2 Months to 10 years of age
School pickups and after school activities; provide dinner; bed time routines
Currently part time with two families

Select Dance/Movement Therapy Internships

Children's Crisis Treatment Center -Philadelphia, PA
Individual and group DMT with children, 3-5 years old, who had emotional, behavioral, and/or learning needs, and who may have experienced trauma

Siloam Wellness -Philadelphia, PA
Individual and group DMT and verbal therapy work with adults with HIV/AIDS
Began a DMT program; Co-lead Meditation groups, Mother/Daughter, and Family groups

Skills

Reliable, personable, hard worker, organized, and dedicated; ability to think on my feet; NYC Marathon Finisher (2013 & 2017); completed 11 Half Marathons and counting; great with kids and dogs.